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THE SPECTATOR

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PHOTO BY MELISSA BALDING '09

Grenergy League advocates renewable energy on Campus

by Lizzie Marris '10
News Writer

They call themselves the Grenergy League: three dedicated Hamilton students who are working hard to increase the environmental sustainability of our campus. Melissa Balding '09, Devin Farkas '10 and Liz Kessler '10 are engaged in the process of securing a budget increase to fund the purchase of Renewable Energy Certificates for all the energy Hamilton College consumes. Renewable Energy Certificates (RECs) are proof that electricity is generated by an eligible renewable energy resource. By subsidizing renewable energy resources, RECs stimulate the carbon-neutral energy industry and encourage the development of environmentally friendly technology.

According to Kessler, the Grenergy League is "facilitating sustainable innovation." Hamilton currently buys its electricity from National Grid, and only 15 percent of the electricity purchased is from renewable resources. With an increase in tuition of between $65 and $80 per student, 100 percent of the college's electricity could be renewable without changing energy providers. Because the technology is still developing, electricity produced by renewable resources is still more expensive than carbon-based energy.

Balding, Farkas, and Kessler hope to have their proposal included in the budget passed during the '08-09 school year, which would then be implemented in 2009. Hamilton will maintain its business with National Grid, but all energy will come from sustainable sources. Not only will the shift in energy source reduce Hamilton's own environmental impact, but the Hamilton community will also help stimulate renewable energy development. The money Hamilton pays National Grid will no

*see **Grenergy**, page 2*

Staff Advisory Committee voices concerns over pay

by Bessie Taliaferro '10
News Writer

Members of the Staff Advisory Committee (SAC) recently held a meeting with Hamilton College Human Resources to discuss plans to conduct a competitive wage survey. Members of SAC requested the survey because it has been four years since the last one was conducted and they feel that they are underpaid.

The non-faculty employees of Hamilton are divided into three categories: maintenance-operations, administrators, and staff. The wages for maintenance staff and percent raises are organized through their union, wages for administrators are determined on either a national or regional scale depending on their position, and wages for staff workers are determined by a survey of similar, local institutions. Rate adjustments are largely based on performance as the Consumer Price Index and Inflation.

Former President Eugene Tobin created SAC in 1995 to bring staff concerns to the administration. SAC currently includes eight members in different areas of the staff. The focus of the group, according to its mission statement, is "To encourage and promote community spirit at Hamilton College by providing staff representation and opinion on issues involving the College Community and other issues involving staff personnel." The mission statement also outlines both strategic and tactical objectives.

On April 2nd, SAC met with Karen Leach, Vice President of Administration and Finance, to request "a salary increase and cost of living wage." A full time staff member, who has been employed at Hamilton for five years, said that his 2006 income tax returns for three jobs – two of which are not associated with Hamilton College – totaled $25,882.00. SAC cited the 2006 ALA-APA NON_MLS Salary Survey of li

*see **Wage**, page 2*

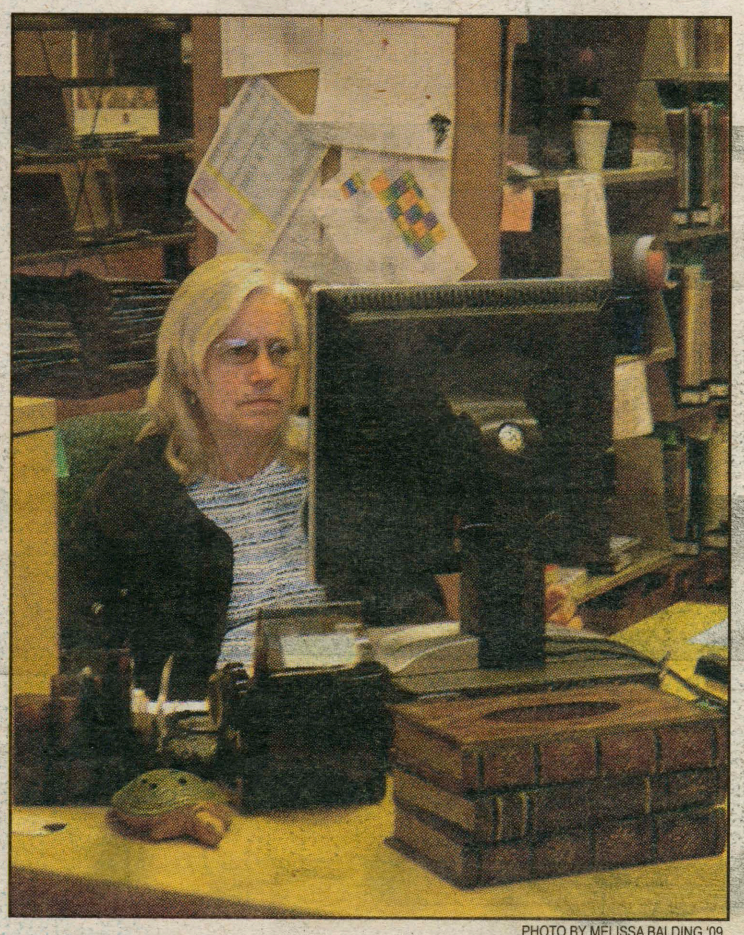

PHOTO BY MELISSA BALDING '09

A Hamilton staff member working to aid students.

AIDS Hike for Life will take place on campus Sun. April 27

by Eloise Walter '11
News Writer

With over 170,000 diagnosed individuals, New York has become the United States epicenter of AIDS. New York has more AIDS cases than any other state. The 10th Annual AIDS Hike for Life on April 27 is Hamilton's chance to help change this statistic. All proceeds from the 5K fundraising walk and run will help pay for youth HIV prevention programs, support services, and education in New York State. AIDS Community Resources (ACR), a non-profit community-based organization, will host the event. ACR provides services to those affected by HIV and AIDS in many upstate New York counties like Oneida County, where a lack of sex education continues to raise teen pregnancy rates and chances of contracting HIV.

In upstate New York alone, over 32,000 individuals have been diagnosed with AIDS. Part of the problem lies in the lack of education regarding HIV. Because the New York State does not mandate sex education, individual districts are responsible for including the topic in their schools' curriculums. Unfortunately, many districts either disregard sex education

*see **Hike for Life**, page 2*

PAGE 11: BEER SHORTAGE?

PAGE 5: MATT GORDON'S JOURNEY TO TIBET PART II

PAGE 9: HARLEM BLUES & JAZZ ON THE HLL

Tenth annual Aids Hike for Life fundraiser

*from **Hike for LIfe**, page 1*

or neglect to cover important topics like the prevention of sexually transmitted diseases. The New York State's recent budget cut towards services for HIV and AIDS patients also contributes to the problem. The 2.3 percent decrease in funding affects many programs including ACR. Michael Crinnin, executive director of ACR explains that the budget cut "will only result in fewer prevention services and more HIV infections." The AIDS Hike for Life, ACR's largest fundraiser, is a step towards fixing these problems.

Money raised during the event will help amend ACR's budget cut, and fund emergency client services and youth HIV prevention programs like the Teen AIDS Task Force (TATF). TATF, a peer-led organization with many chapters in the Mohawk Valley, teaches adolescents the information and skills needed to understand and prevent HIV and AIDS, along with general sexual health information. Organizations like TATF help reduce the number of AIDS cases in New York by making up for what schools do not teach students. Because AIDS currently has no cure, education is the only way to prevent the disease from spreading.

The spread of HIV in the US happens at an alarming rate. Of the 1.2 million US citizens diagnosed with AIDS, 25 percent are oblivious of their infection and at high risk of spreading the disease elsewhere. Consequently, every hour two young people between the ages of 13 and 24 are infected with HIV in the US. In New York, AIDS has also become the second cause of death between adults aged 35 to 44, and New York already has more women, children and African Americans infected with AIDS than any other state. Worldwide, over 60 million individuals are infected with AIDS, most of whom cannot afford to pay the $619,000 for lifetime medication. By participating in the Hike for Life, we can help lower these statistics in our part of the world.

PHOTO COURTESY AIDS HIKE FOR LIFE

Last year's Hike for Life had a huge turnout despite the inclement conditions.

The Hike for Life kicks off at 11 a.m. on April 27. All participants must register on April 24 between 4 p.m. to 7 p.m. at the Beinecke Student Activities center, or between 10 a.m. and 11 a.m. on race day. Participants should collect money in advance by creating their own fundraising page at www.AIDSwalkCNY.com or filling out one of the AIDS Hike for Life pamphlets around campus. The event promises to be fun, with refreshments, music, and an awards ceremony for top runners.

Human resources to conduct survey concerning wages

from SAC, page 1

brary staff across the nation, and four members identified themselves as falling below the median identified for the Northeast Coast region. SAC is requesting that Hamilton College raise wages to the median salary for the position in this region including a guaranteed cost of living raise.

Human Resources asserts that MLS survey provides data outside of the local regional market and should not be the only salary survey considered. In addition, HR maintains that it is important to take into account the benefits that Hamilton employees receive, such as medical insurance, voluntary dental and vision insurance, life insurance, membership at the Blood Fitness Center, the option of taking Hamilton classes, retirement benefits, tuition for job-related courses, and other benefits outlined in the Benefits Guidebook, which is available online. Furthermore, "We are in a recession," said Leach, "which limits our flexibility." Human Resources also noted that it is important to consider and review all staff positions associated with Hamilton College.

Stephen Stemkoski, Director of Human Resources, looks forward to the results of the upcoming survey. "Our goal is always to stay competitive," he said. "Our objective is to be the employer of choice in the region." Human Resources did not provide data from the previous survey.

Grenergy league pushes for environmental sustainability

*from **Grenergy**, page 1*

the fossil fuel industry, but will be invested in sustainable energy providers. These providers will use the funds to increase their technology, eventually flooding the energy market with electricity from renewable sources.

The three members of the Grenergy league began their crusade with the student body. They have been circling petitions and disseminating information in an effort to get the entire campus involved. "We put some feelers out, and no one was really opposed to it," Balding said of the proposed budget increase to fund the switch to sustainable energy.

The process became more difficult, stated Kessler, when the group presented their ideas to the college's administration. She said, "It was frustrating because our personal motivation and efficiency didn't match what we hoped to get from Hamilton's bureaucracy." Balding added that one of the hardest obstacles they have encountered is having their project compared to such issues as the proposal to keep McEwen open on weekends. "It's frustrating to see other things that get passed," she explained, "and have such trouble with this. Regardless of where you live or go on campus, electricity is being used for your benefit."

Balding, Farkas, and Kessler have met with Physical Plant employees, Vice President of Administration and Finance Karen Leach, Hamilton college faculty, and a regional manager from National Grid. Last Thursday they toured a local wind farm. Their next step is to meet with President Joan Hinde Stewart this Friday. Motivating the student body is currently their greatest concern. The trio believes that on a small campus like Hamilton, every student can make an impact. Kessler encouraged, "This type of initiative will always be powered by the student body. Every voice matters as long as the students are willing to speak up."

Grenergy would also like the campus to know that they will be losing Kessler to a study abroad program next year, and are looking for more dedicated, passionate individuals interested in contributing to their cause.

PHOTO BY MELISSA BALDING '09

A windfarm in central new York produces enough energy to power 10,000 homes.

Corrections

Last week's article "One night with the Queen" was mistakenly printed with Eloise Walter '11 as the byline. The article about Franklin's performance was by Science & Technology Editor Kate Tummarello '11.

In the same article Manny Hernandez '08 was quoted about the concert. The quote was actually said by Manny Rosario '08 who was an usher at the event.

ADVERTISEMENTS

Student Assembly Class President Platforms

2009

Mariana Vinacur:

As class president I hope to continue to work, along with my classmates, to improve the communication, not only within our class, but the entire student body and administration. Essentially, I would like to continue help with any problems or concerns that may arise among my peers.

I am running to represent the class of '09 to maximize our efforts and achieve our full potential as a class. Since joining the assembly, our delegation has worked to improve our community. As a school, we are receptive to new ideas and I would like the opportunity to bring them to fulfillment.

Allison Gaston Enholm :

"Class of 2009, I have been serving on the Assembly since freshman year– starting as your representative, and later as your class President. It has been a position that I have valued and enjoyed. I am impressed with what we have accomplished individually and collectively thus far. Undoubtedly we will continue to leave our mark during our final year on the hill. I hope that you will elect me back to the Assembly as your President. I am well accustomed to the responsibilities that the position entails, and it would be an honor to help make our senior year memorable."

2010

Wenxi Li :

Over the past semester, it has been my pleasure to serve you as class president. As a member of Student Assembly since Freshmen year, I have enjoyed helping to organize the Citrus Bowl, class sweatshirt sales, and a Bundy breakfast. I have worked hard to represent your interests and bring them to the attention of the assembly. If re-elected, I will continue to fight for breakfast at McEwen on the weekend, and help increase communication between students and the administration. I would greatly appreciate your vote to give me this opportunity to represent you again. Thank you! Best, Wenxi Li

2011

Clare Browne:

I have had a great experience as the Freshman Class president. Hamilton has so many programs and being able to connect students to resources on campus and deal with concerns has made my position exciting and challenging. I have enjoyed serving our class and appreciate all the support I have received thus far. I am running for re-election so I can continue to serve our class. Please keep making suggestions because positive changes and adjustments benefit the school body as a whole. Thank you for your support. CB for HC!
Vote Clare Browne

Joe Buicko:

Hi, my name is Joe Buicko and I want to be your president. Why choose me? I know that I bring leadership and ideas that will help our class to be the best class on campus. I am very approachable and am willing to consider all ideas brought to me. This past year I represented our class as an Honor Court representative and am looking to make a more immediate impact on our class. I was president at my high school and I know that the experience I gained will help me serve our class as effective as possible.

Brendan Rafalski:

I decided to join this election for class president because I hope to make changes within the student assembly. This past semester I was disappointed that I was not able to run and I am very excited about taking a hands-on approach with campus issues. If I become president I will provide a fresh new perspective on campus activities and vow to take a closer look at the minute issues on the Hill. Thank you for your time and I look forward to seeing you on the campaign trail!!!!

Jake Lacy:

Class of 2011: I want to be your Class President. While I have some ideas for changes to Hamilton, my primary objective as President would be to act as your liaison to the administration and your voice in the assembly. I want us all to work together to improve our home. I have served as Class Representative and Secretary Treasurer, and am a member of the Facilities and Constitution Committees. These experiences have afforded me an intimate understand of how Student Assembly functions. Additionally, I was responsible for designing, ordering and distributing our class rugby shirts.
Sincerely,
-Jake Lacy

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The Truth Has No Author

The Gossip Box

"Can I get a super-sized order of R-E-S-P-E-C-T?"

The Rumor

Hamilton College was honored last weekend with a once-in-a-lifetime performance by the Queen of Soul herself, Aretha Franklin, as part of the Sacerdote Great Names program, which brings the hottest speakers and performers to the Hill and the surrounding community. Typical of our college, the red carpet was rolled out for the soul singer, and no detail was spared in making her stay on the Hill perfect. As desirous as the Hamilton community was of pleasing Ms. Franklin, it seems like we could not satiate every appetite that she had. Despite being invited to eat with Hamilton's administrative elite, the Rock and Roll Hall of Famer was seen being ferried down the Hill as quickly as physically possible, ditching Hamilton's offerings for the Golden Arches.

The Evidence

Aretha Franklin was invited to have dinner with President Stewart and other important members of the Hamilton community, but refused the invitation, opting instead to swing onto campus just before the concert was scheduled to begin, and leaving immediately after the two-hour show concluded. At first, one might have assumed that someone as important as Aretha Franklin, described as a "national treasure" by *Rolling Stone*, felt above being wined-and-dined by the administration of a small liberal arts college. However, it was not the company, but the sustenance, that put Ms. Franklin off, according to an eyewitness. Specifically, the sight of a limousine escorted by Campus Police stopping at the Drive-Thru at the Clinton location of McDonald's.

The Conclusion

The larger Hamilton community should not feel offended by Aretha's rejection of our polite request for her presence. As much as our students love the food Bon Appetit's offerings of sushi, stir-fry, and smoothies, Aretha Franklin clearly has a more sophisticated palate, satisfied only by a Big Mac, fries, a cobb salad, three apple pies, and a Diet Coke.

THE GOSSIP BOX IS A GOSSIP PAGE WHICH PUBLISHES RUMORS AND CONJECTURE IN ADDITION TO ACCURATELY REPORTED FACTS. INFORMATION HERE MAY OR MAY NOT BE TRUE AND THE SPECTATOR MAKES NO CLAIM AS TO ITS VALIDITY.

The allure of ugly shoes

by Brooke Rayder '11
Insights & Ideas Writer

Ugg boots serve as a conundrum for men and women alike. Women don't know whether to wear them and men don't know what to do when they see them. Although the "boot" is generally associated with winter and cold temperatures, the Ugg defies that "stereotype," whether it's for better or worse. Although one might say Uggs are a walking stereotype.

At this time of year, one would hope all the ladies are putting away their Uggs, but you can never really be sure. The Ugg-mini skirt combination has become unfortunately popular in a lot of circles. Why is it really necessary to cover your calves but not ¾ of your thighs? Perhaps the calves have become too seductive for our society to handle.

I will admit Uggs have huge advantages in the snow domination that is central New York. Going to and from parties in the middle of January would be miserable without warm boots. Going to and from class in slush with Uggs makes things a lot easier.

But we have to draw a line somewhere. What is the use in owning several pairs of these boots, when they're just going to get destroyed by road salt? And if the purpose of Uggs is to be comfortable and to protect against the elements, why aren't we walking around in L.L. Bean boots? Oh, wait, we are.

L.L. Bean boots make for another interesting puzzle. Being from Maine, L.L. Bean boots have an odd double standard. Only hicks and rich Massachusetts's tourists wear them. I find it hard to believe that those two groups of people bond over Wal-Mart and Lily Pulitzer.

So if everyone acknowledges the advantages of wearing Uggs, what are the large disadvantages? Well for starters, you're going to look exactly like about 75 percent of the rest of the female population of Hamilton College. I've seen parties where people take their shoes off and have an "Ugg recovery mission" the next morning because everyone has to recover the boots that are the correct size.

But as time goes on, more and more types of Uggs surface. There are of course, Flo Rida's favorite "boots with the fur" (with the fur). And apparently, "the whole club was looking at her," so they must be pretty awesome. There are Ugg slippers, ankle, mid-calf, and knee high, zip-ups, not even to mention all of the colors. When will we decide that Uggs are fashionably inferior? Next year? Never? Will we look back and consider Uggs on the same level as our old-school Jellies?

So every girl and their second cousin's best friend's girlfriend has a pair of Ugg boots, what does that say about the people that own them? Probably nothing, but I didn't invest in a pair of Uggs until this year, for three reasons:

1) They're expensive

2) They're really f$%^ing expensive

3) The male forces in my life begged me not to, when I say beg, I mean groveled. Why? Because they're ugly. It doesn't matter if you have the real thing, or the Star Jones Payless version. They didn't care if Uggs are comfortable, or practical, they're ugly. Lets just use the phrase "Ugg-ly."

"Ugg-ly" brings me to yet another pair of shoes that make many want to cringe: Crocs. Crocs started off as my mom's gardening shoes. How did they venture out of Home Depot and into our homes for everyday wear? And why did we think putting fur in them would make them suitable for winter temperatures? People who garden don't need Crocs for the garden because *you don't garden in the winter.*

So now that we've moved out of the season of Uggs, we move into the season of Crocs. Although accepting the various shoes that roam around our campus might not be the prettiest, we accept their function, unfortunate stereotypes, and most importantly their comfort.

Thumbs up	Thumbs down	Who Cares?
Men's Rugby hosts Final Four: I would say that drinking excessive amounts of alcohol must make you a better athlete, but hockey and football still don't win games so it can't be true.	Hamilton College bookstore's $5000 sweepstakes: that's nice, how about you sell toothpaste under $7 instead?	Class representative elections: 25 signatures? I thought this was supposed to be a popularity contest.
Filligar featured on MTV's the Real World: now I can use supporting good music as an excuse for watching crappy television.	Being denied a private tour of Joan's house: it's not like I was really going to steal anything.	OMG your thesis is due tomorrow? OMG you have like so many papers? OMG shut the f$%^ up, so does everyone else.
Hamilton Women's Lacrosse 10, Union 7… Suck on that, safety school.	Sidewalk chalk expression day: because who really needs to know that DU rocks?	Kegger with Joan!!! Just kidding, that was a lie.
Battle of the Bands: does the winner get a spread on Contmag.com?	Table Tennis: umm, hello, that was not a complimentary shout out, stop sending me f$%^ing emails.	Alex Clair.
A little note to the Hamilton Community: you should all come to my senior fellowship presentation on May 2 at 4pm and to Rachel Cannon's presentation on April 25th at 4pm and all the other ones whenever they are. TRON-ON.	People who still won't donate to the Senior Gift: I'm sick of your bullsh*t lies, just give me a f$%^ing dollar and call it a day.	*by Sarah Cornblath '08 & Anthony DelConte '10*

March to Tibet: arrests and hunger strikes

by Matthew Gordon '09
Insights & Ideas Contributor

On the morning of the fourth day, we were to cross the border into the next district, violating our restraining order from the Indian government. We woke up at 4:30 and, after listening to the Tibetan National Anthem, began marching without breakfast. About two hours into the march we heard screams from the front of the line. We saw movement leader Tenzin Tsundue thrown into a white jeep with four police officers. It drove away. All the marchers sat down. I could see at least 100 Indian police officers blocking our path. The marchers linked arms and began to chant a Tibetan mantra which, roughly translated, means:

Compassion is a precious jewel; May all those who do not have it gain it; May those who do have it gain more of it; May it continue to spread and increase.

They continued chanting this as the police grabbed them and dragged them onto buses. All one hundred core marchers and seven foreigners, including myself, were dragged onto buses; we let our bodies go limp to show complete non-violent resistance. There is a point where you cease to become a tourist or a spectator. In this moment I felt no difference between the Tibetans and myself. They were my friends. Their struggle was my struggle. Worries about getting deported or spending a few days in an Indian prison seemed comparatively unimportant. A Tibetan girl next to me was crying and I held her hand as the police dragged away the marchers sitting in front of us.

We arrived at the jail. The Indian police separated out the foreigners and told us to go home. Refusing to leave my friends behind, I sat down in front of the jail and began a hunger strike. Word soon reached us that the Tibetans inside were also refusing food. All day long we drew a huge crowd of reporters and curious locals. Recently I saw an article in the news saying that the Indian government now has footage of us on hunger strike and is trying to figure out who we are, and what course of action to take. In India, it is illegal for foreigners to take part in protests. Foreign embassies are warning people not to go to Dharamsala, and for foreigners not to take part in protests. Don't take these warnings seriously. Dharamsala is completely safe and the Tibetans there need our support more than ever. What actually happened is that once word reached Dharamsala about the marchers being arrested, all Tibetans closed their shops down. The Indian police locked the town down, preventing any Tibetans from leaving or entering in large groups. Tibetans there began daily protests and candlelight vigils, although the shops are now open and the police are no longer restricting movements.

Inside Tibet, word had reached people about the march being stopped, one of the reasons that the protests turned violent. The Tibetans inside Tibet felt helpless. During many of the phone calls before the arrests, we were told that Tibetans inside were determined to keep up the protests because they knew we were coming, that they had backup. Not anymore.

That evening the core marchers received fourteen day prison sentences after refusing to sign a paper saying that they would not protest any more, and the hunger strike was over. The next day many of the support marchers went up to Dharamsala. I went to visit my friends at the jail, and after seven hours of dealing with Indian bureaucracy, I succeeded in getting to spend ten minutes with two of them. In an emotional moment, I told them that they were heroes and they thanked me for my support and assured me that everyone inside was okay. When I got back to camp, the Indian police were already there and had given us an ultimatum: we had one hour to pack up and leave before they arrested us and confiscated our vehicles. I was thrown in the back of a truck for a three-hour ride. We feared that the Indian police were following us, and we were too scared to go back to Dharamsala, because if we went back, we might not be allowed to leave again. Finally, we arrived at a random house and slept on the floor in close quarters.

The next day, the march organizers told me to go back to Dharamsala and meet the other Westerners and await instructions. As soon as I arrived, I saw my friends getting into a jeep. They explained to me that another march had started. Fifty more marchers left from the spot where we had been arrested and were on the move. We were to join them. Without even unpacking my bag, I got into a jeep and drove off to join the second wave. This had been the organizers' plan all along; once one march was stopped, another wave of marchers was ready to be deployed.

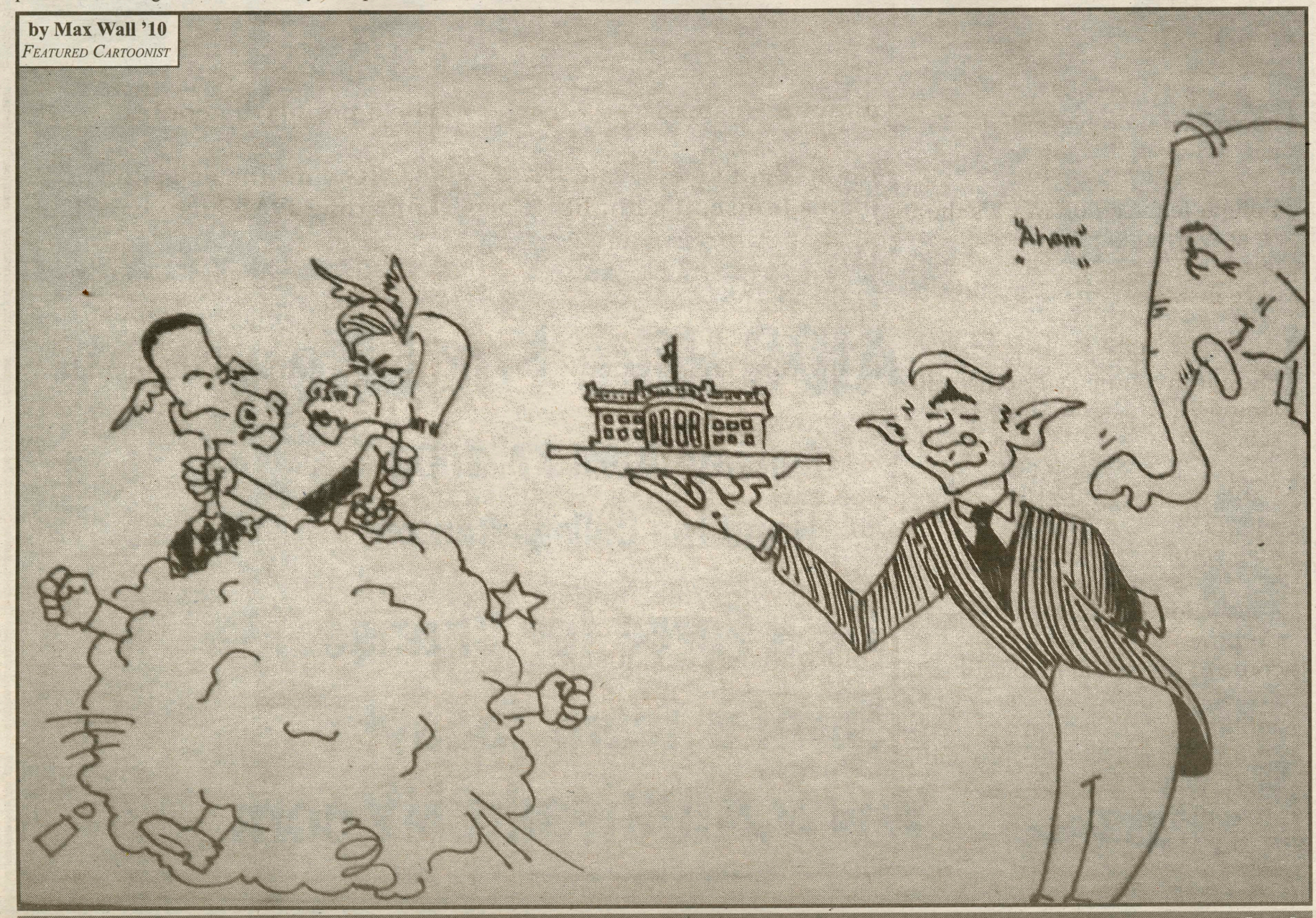
Dharmasala was in an uproar. Many people were on hunger strikes, and a spontaneous march of 500 angry people walked to the jail where the first marchers were detained. Violence had also escalated tremendously inside Tibet and large media outlets were beginning to take notice. This gave us tremendous determination to continue.

I spent six days with the second group of marchers. Aside from a brief hassle by police on the third day, during which we managed to avoid being arrested by walking seven hours in the middle of the night to cross the border before sunrise, India's attitude towards the march seemed to change due to the worldwide publicity that Tibetan protests had received. Once we entered the state of Punjab, the police no longer hassled us, but escorted us. They brought us water and ate dinner with us; they held up traffic while we crossed the streets. We slept and ate in the same conditions and I made a new group of friends that would be hard to part from when it was time for me to return to classes and the hygienic world of showers. Every day we anxiously awaited news from around the world. It never failed to inspire us. Protests at the Chinese embassies in Canada and Holland, during which protesters took down the Chinese flag and replaced it with the Tibetan Flag, and phone calls from rural areas of Tibet that were staging massive demonstrations. One caller put us on speaker phone, and we could hear hundreds of Tibetans chanting "Free Tibet, long live the Dalai Lama."

We got a batch of letters from Tibetan schoolchildren encouraging us and thanking us for fighting on their behalf. One day we met a monk on a pilgrimage from Amdo to Dharamsala. He had been on the road for over two years and only had a month or two left before seeing His Holiness the Dalai Lama. One marcher told me he thought this man was a manifestation of the Dalai Lama sent to inspire and encourage us. Some of the news saddened us, however. We were among the first people to see photos showing the brutality of the Chinese in dispelling a protest in Amdo. Rumors about foreigners on the march being deported trickled in, but nothing could deter us. Nothing except having to go back to Dharamsala to start classes again. At first I felt disappointed when I returned, but I am now finding ways to continue fighting from here.

This is the second of a three part series chronicling Matthew Gordon's experience on the front lines of the Tibetan Resistance movement. If you want to get involved in support for Tibet, visit www.tibetanuprising.org, or email action@hamilton.edu.

by Max Wall '10
Featured Cartoonist



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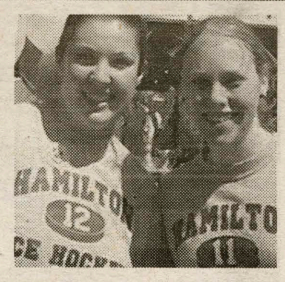

AIDS Hike For Life

Sunday, April 27, 2008

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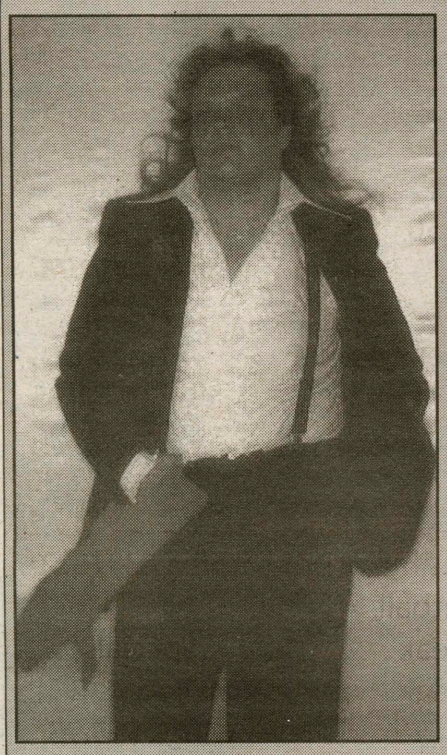
Presented by Hamilton College Class of 2008

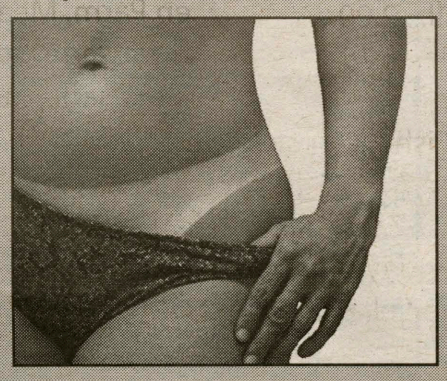
Lotions & Potions: what not to do for beauty

by Elizabeth Kosar'10
BEAUTY COLUMNIST

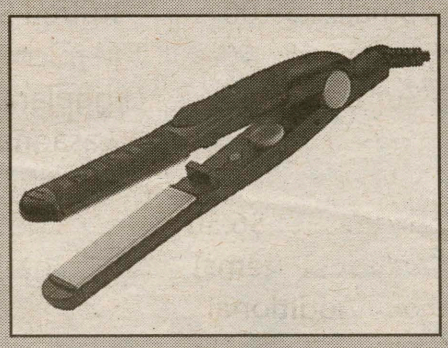


Picture the scene-The Diner at 2:37 a.m. A familiar song comes on the jukebox-and let's face it, we've all heard it a thousand times. Meat Loaf's "I'd Do Anything for Love (But I Won't Do That)" may be cheesy, may be overplayed, but it is an essential part of the Hamilton experience. In the beauty/grooming experience of a Hamilton student there are things that qualify as "I'd Do Anything for Beauty (But I Won't Do That):

Eyelash dye-I know that it's legal in Europe. I know that if you have blonde lashes, mascara is a pain. But eyelash dye is so dangerous. This is something I'd just avoid folks.

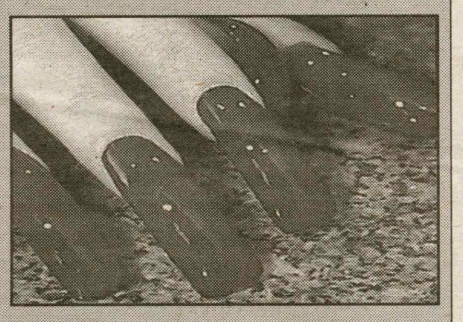


Not Using Sunscreen-I get that I'm a broken record with this one. I also get that it's finally spring and all anybody wants to do is lie on the grass, finally feeling some warmth on their limbs. But sunscreen is so important. If you're not going to use it all over, at least put some on your face and hands, the two parts of your body that will reveal your age the quickest.



Flat-Ironing Hair into Oblivion-Straight, straight hair is so 1997. You want to know the real reason that much of Hollywood lopped off their hair into bobs this year? It's because their hair was so fried from straight-iron abuse. I honestly think flowing waves are the prettiest look anyway, and with the warm weather it's easy to throw a little product in your hair and let it dry naturally.

Sparkle eyeliner-Eww. Like whoa. I'm sorry but I don't think glitter eyeliner is for anyone over 12. The only exception to this rule is for a costume party. I mean it.



Really Long Fingernails-What are you doing? Do you actually want to claw someone? Clip those things dammit.

What's Cookin' in the CoOp: Lentil Time

by Amelia Conlon '08
FOOD COLUMNIST

Green Lentil Dal

1 cup green lentils
1 onion, diced
2 garlic cloves, miced
1 jalapeno chile, seeded and chopped
3 tablespoons butter
1/2 teaspoon turmeric
1 25 oz can unsweetened coconut milk
Salt
1/4 teaspoon red pepper flakes
3 bay leaves
1 teaspoon mustard seeds

In a saucepan, sauté the onion, garlic and chile in 2 tablespoons of butter for about 10 minutes on medium heat, then add the turmeric and stir it in. Then add lentils and 2-3 cups of water. Bring to a boil and then let simmer on low heat, covered, until the lentils are soft. Add the coconut milk and simmer for 5 more minutes, stirring occasionally. Taste to judge salt content, and remove from heat.

Heat the rest of the butter in a small skillet over high heat. Add the chile, mustard seeds and bay leaves. Fry until the mustard seeds begin to turn grayish (about a minutes). Stir into the lentils and serve.

Tip: just pour out some of the water if you want the dish to be a little thicker, or use less than 3 cups when boiling the lentils. This dish will also thicken after a night in the refrigerator.

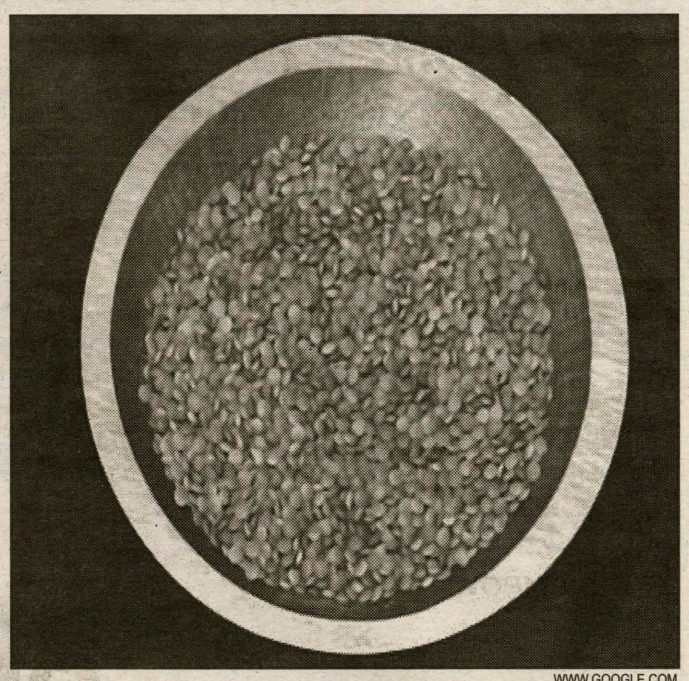
Curried Lentil Salad

1 pound lentils
1 cup currants
1/3 cup capers
1 ½ cup finely chopped red onions

Boil lentils covered in water for 5-6 minutes, until tender. Rinse and drain. Combine with dressing ingredients and let sit overnight. Two hours prior to serving, add currants, capers and onions.

Dressing

¾ cup corn
2 tablespoons sugar
2 teaspoons pepper
1 teaspoon dry mustard
½ teaspoon mace
½ teaspoon cardamon
¼ teaspoon ground cloves
¼ teaspoon cinnamon
½ cup wine vinegar
2 teaspoon salt
1 teaspoon ground cumin
½ teaspoon tumeric
½ teaspoon coriander
¼ teaspoon cayenne pepper
¼ teaspoon nutmeg



WWW.GOOGLE.COM

According to medical studies, the high fiber content of lentils prevents heart disease. Lentils and other members of the legume family can also lower blood sugar and help with iron deficency.

Hey, we might be nearing the end of the semester, but its NEVER TOO LATE TO WRITE FOR FEATURES!

Show us some love...

Email dsadove or rmintzer to contribute!!!

Little Pub Crawl:

ten hoppin' reviews of your favorite pub brews

by Bill Kearney '08
Evan Savage '08
Greg Nizialek '08
Beer Aficionados

Most Hamilton Students that frequent the Little Pub do so for two reasons: they enjoy the atmosphere or they enjoy the beer. With that comes the usual question about what to order. Most patrons of the Little Pub gravitate toward the more familiar names; Bass, Blue Moon, Guinness. This leaves the average imbiber woefully unappreciative of all that the Little Pub has to offer. This is the reason why this intrepid reporter, with his love for variety in life and beer, set out with a few experienced drinkers to sample and report back to the campus those draft beers that the Little Pub Currently offers.

In order to simplify the characteristics, and convince the *Spectator* to let us do this, the researchers decided to forego the common categorical classifications in favor of a more literal analysis. The researchers focused on the color, aroma, taste, and "drinkiblity," a quality that measures the enjoyment one gets from drinking the beer. The researchers, being wonderful and gracious people, also gave a comparative rating and recommendations for each beer.

Without further ado, on to the beers….

UBU

Color: Dark, Unfiltered
Aroma: Hoppy, Bitter
Taste: Toffee, Bittersweet Chocolate, Rich
Drinkablity: Sipping Beer, thick, Heavy, Intense
Rating: 3 ½
Recommendation: Not for the beginner.
Good with a substantial meal.
A Weeknight Beer.

WWW.GOOGLE.COM

Magic Hat Odd Notion

Color: Dark but transparent.
Aroma: Bitter, slightly sweet.
Taste: Tangy, complex but underpowering subtle flavor.
Drinkablity: Easy to Drink, Mellow.
Rating: 3
Recommendation: For more inexperienced drinkers. Good for transitioning from light to dark beers.

WWW.GOOGLE.COM

Dogfishhead 60 Minute IPA

Color: Amber, Rich Red Tint.
Aroma: "Hop City, If you want to know what hops smell like this is your beer."
Taste: Bitter, Hops, Alcohol, Ending mild sweetness, Bitter aftertaste.
Drinkablity: Social Beer, Suffers from bitterness.
Rating: 4
Recommendation: For more experienced, budget conscience drinkers. For social lubrication purposes.

WWW.GOOGLE.COM

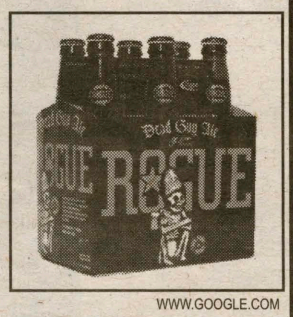
Anchorsteam

Color: Orange Amber Hue.
Aroma: Very mild.
Taste: Strong aftertaste, notes of citrus, overall very mild, "This is what good beer should taste like without any additional flavors."
Drinkablity: Easily drank, Social beer.
Rating: 4 ½
Recommendation: Gateway beer- opens you up to more full, stronger beers.

WWW.GOOGLE.COM

Rogue

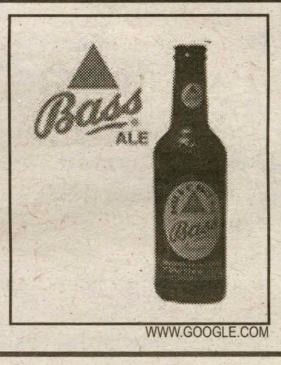
Color: Slightly Cloudy, Orange Hue.
Aroma: Citrus, Hops.
Taste: Sharp escalating bite from higher alcohol content, Subtle earthy undertones.
Drinkablity: Social beer, Bitterness and alcohol lowers speed at which the drinker can imbibe.
Rating: 4
Recommendation: For moderately experienced drinkers who know that bitter beers are their thing.



WWW.GOOGLE.COM

Bass

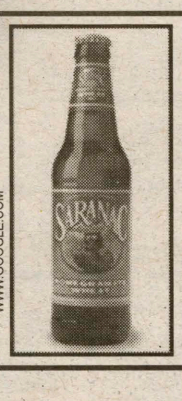
Color: Dark amber with a red tint.
Aroma: Slight citrus.
Taste: Unassuming start, weak citrus aftertaste.
Drinkablity: Very easy to drink, low alcohol, not very bitter.
Rating: 4
Recommendation: Party beer with a sport coat on.



WWW.GOOGLE.COM

Saranac Pomegranate Wheat

Color: Cloudy, Dull, Tangerine.
Aroma: Pomegranate, Duh!
Taste: Sweet up front, Sweet in the back, Sweet right down the middle.
Drinkablity: Very easy to drink.
Rating: 2 1/2
Recommendation: Order this for that girl at the bar.



WWW.GOOGLE.COM

Guinness

Color: Black
Aroma: Distinctive
Taste: Thick, sweet head, slightly bitter body.
Drinkablity: thick but smooth.
Rating: 4
Recommendation: Social beer for that quiet, laid back conversation with a professor.

WWW.GOOGLE.COM

Blue Moon w/ orange slice

Color: Cloudy orange.
Aroma: Orange, overpowering.
Taste: Slow beginning with lingering aftertaste, Sweet.
Drinkablity: Very easy to drink.
Rating: 3 ½
Order this for that girl at the bar, or if you want to stave off scurvy.

WWW.GOOGLE.COM

Woodchuck Cider

Color: Golden Delicious.
Aroma: MacIntosh.
Taste: Granny Smith.
Drinkablity: Sickly sweet.
Rating: 3
Recommendation: For the alcoholic kid in you.

WWW.GOOGLE.COM

Weekly Charts

by Jacob Murray '09
Arts & Entertainment Editor

MUSIC
(From iTunes)

Top Albums
1. E=MC2 - Mariah Carey
2. Hello - Tristan Prettyman
3. We Dance - Jason Mraz
4. Spirit - Leona Lewis
5. Lady Antebellum - Self-titled Album

Top Songs
1. 4 Minutes - Madonna (feat. Justin Timberlake and Timbaland)
2. Bleeding Love - Leona Lewis
3. Lollipop - Lil Wayne
4. No Air - Jordin Sparks & Chris Brown
5. Say - John Mayer

MOVIES
(Yahoo! Movies)
1. Prom Night
2. Street Kings
3. 21
4. Nim's Island
5. Leatherheads
6. Dr. Seuss' Horton Hears a Who
7. Smart People
8. The Ruins
9. Superhero Movie
10. Drillbit Taylor

BOOKS
(From The New York Times Best Seller List)

Paperback Fiction
1. NINETEEN MINUTES, by Jodi Picoult
2. WATER FOR ELEPHANTS, by Sara Gruen
3. THE MEMORY KEEPER'S DAUGHTER, by Kim Edwards
4. THE FRIDAY NIGHT KNITTING CLUB, by Kate Jacobs
5. THE KITE RUNNER, by Khaled Hosseini

Paperback Non-Fiction
1. THREE CUPS OF TEA, by Greg Mortenson and David Oliver Relin
2. EAT, PRAY, LOVE, by Elizabeth Gilbert
3. THE AUDACITY OF HOPE, by Barack Obama
4. JOHN ADAMS, by David McCullough
5. BRINGING DOWN THE HOUSE, by Ben Mezrich

Harlem Blues and Jazz Band visits Hamilton

by Jacob Murray '09
Arts & Entertainment Editor

This past Sunday afternoon the Harlem Blues and Jazz band performed at the Hamilton College Events Barn, to the delight of many students and faculty members. Deemed the "World's Most Authentic Swing Band," the Harlem Blues and Jazz band been together since 1973 when Hamilton's tuition bill, according to founder Al Vollmer '51, was less than one thousand dollars per semester. Vollmer founded this esteemed band with the mindset that jazz and blues from the 20's and 30's should not be slowly forgotten as time goes on. This music has great importance in the lives of many performers, as well as a key motivator in the civil rights era. Many of the artists who have been involved in the Harlem Blues and Jazz band have played with legends such as Louis Armstrong, Duke Ellington, Billie Holiday, and Fats Waller. The band has toured many countries and has come to be one of the greatest jazz bands since the mid 1950's.

On trumpet, Joey Morant provided the Hamilton crowd with plenty of laughs as he told the audience about being in a blues and jazz band. Morant, originally from South Carolina, is an avid fan of Lionel Hampton and Ray Charles, seeing as he played with them in the past. Joey also routinely practices martial arts in order to keep in shape. His training allows him to keep his beat while simultaneously using his creativity to become a better musician.

Trombonist Art Baron also provided his unique style of blues and jazz, pleasing the various members of the audience. Baron played under Duke Ellington for a year, as well as other bands such as the Charlie Mingus Big Band, Illinois Jacquet, Frank Wes and the Lincoln Center Jazz Ensemble. Art Baron is also the trombonist and leader of The Duke's Men, a band created in memory of Duke Ellington himself.

Even more remarkable was the saxophonist, Fred Staton, who is currently the oldest member of the band at 92. Playing as if he was fifty years younger, Staton provided that audience with a spectacular solo, showing that experience is truly a great asset when it comes to blues and jazz. Fred's sister, the late Dakota Staton, is a famous American jazz vocalist known for her 50's and 60's albums, and has performed with Fred on many occasions. Staton has performed with other greats, such as Billy Eckstine and Art Blackey. Michael Max Fleming, the group's bassist, has also played with many blues and jazz greats, such as Mary Lou Williams and Sammy Davis Jr.

Drummer Shelton Gary and vocalist Ruth Brisbane both add their own flavor to the Harlem Blues and Jazz band. Playing all over the world, they are key contributors to the band's fame. Ruth has performed in her own one-woman show, called The Legacy of Bessie Smith, and also sings gospel and spirituals. Gary, in the band since 1980, studied drums under the great Jo Jones.

The biggest treat for the audience, however, was the appearance of Danny Mixon on piano. In his first event with the Harlem Blues and Jazz band, Danny mixed his vibrant attitude with his expert talent to win over the crowd. Mixon has been involved in many albums, and is most popular for his time with Betty Carter.

After their visit at Hamilton College, the Harlem Blues and Jazz band will travel to New Orleans on April 25, and then back to Brooklyn on June 3. The band will then travel overseas to play in Sweden, Denmark and then Russia. You can visit www.theharlembluesandjazzband.com to see more information about the band, listen to some of their music, and find out where some of their upcoming events are.

WWW.THEHARLEMBLUESANDJAZZBAND.COM
The Harlem Blues and Jazz Band will visit Sweden in the spring.

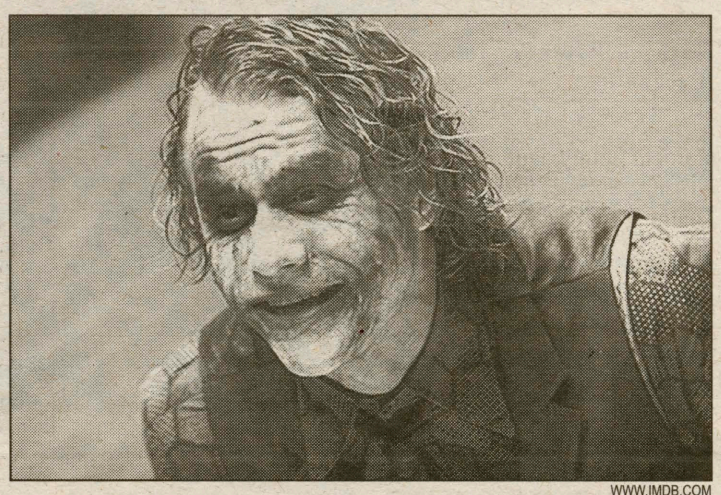
Summer to be stacked with new movies

by Jacob Murray '09
Arts & Entertainment Editor

Movie-goers will be in for a treat this summer, as many highly anticipated films will be released across the country. Indiana Jones and the Kingdom of the Crystal Skull, slated to open on May 22, 2008, will start off the summer season with a crack of a whip. Harrison Ford plans on pleasing fans of the series, which hasn't surfaced since 1989's Indiana Jones and the Last Crusade. Though Ford will be the main attraction and ticket-seller, new cast-members include Cate Blanchett, who will play "Agent Irina Spalko," and young actor Shia LaBeouf. LaBeouf has been busy in the film industry as of late, appearing in movies such as Transformers and Disturbia.

Kingdom of the Crystal Skull is not the only promising sequel that will appear in theaters this summer, however. Legendary Pictures' The Dark Knight will be released July 18, featuring Christian Bale and the late Heath Ledger. The famous Australian actor was found dead last January in his apartment. It was determined that Ledger had overdosed on medication, though it was ruled accidental. Despite this tragedy, fans of both Ledger and the Batman series have become increasingly impatient for the release of the movie. Ticket sales are projected to be higher than the producers originally thought, because it will be Ledger's last film. Michael Caine, Maggie Gyllenhaal, and Aaron Eckhart will also star in the film.

Other popular movies that are expected to be realeased this summer include Iron Man, Sex and the City, and Harold and Kumar Escape from Guantanamo Bay.


WWW.IMDB.COM
Heath Ledger plays the Joker in his last role.

Interested in writing for *The Spectator*? Love Arts & Entertainment? If so, e-mail jdmurray with movie, book, or music reviews!

30 Rock returns, as writer's strike ends

by Alex Ossola '10
Arts & Entertainment Writer

With the end of the writer's strike, everyone's favorite TV shows return to the airwaves. Many college students get excited about the new episodes of *Lost, Grey's Anatomy, House,* and *The Office*. A relatively new addition to NBC's impeccable Thursday night lineup of sitcoms (including *My Name is Earl, The Office,* and the final season of *Scrubs*) is Tina Fey's brainchild sitcom entitled *30 Rock*. The show debuted on October 11, 2006 and is currently broadcasting its second season. Tina Fey is the executive producer of the show as well as its main character, the all-too-human Liz Lemon.

In the show, Lemon is the head writer for a *Saturday Night Live*-esque show entitled *The Girlie Show (TGS)*. She must try to discipline her quirky writers, cajole the show's temperamental stars into actually doing their jobs, and attempt to please her controlling boss, Jack Donaghy (played by Alec Baldwin). She's clumsy, terrible at relationships, yet is the only one who can make *TGS* run relatively smoothly. The stars of TGS are Tracy Jordan (Tracy Morgan) and Jenna Maroney (Jane Krakowski), one immature and the other with a terrible Daddy complex. Inarguably, one of the most superb characters is Jack Donaghy, whose power-tripping, egotistical, womanizing antics never cease to amuse. The ever-loyal page Kenneth Parcell, played by Jack McBrayer (*Talladega Nights, Walk Hard*), also adds considerable humor to the already zany cast with his bumpkin innocence and utter devotion to the abstract concept of Television.

WWW.NBC.COM

***30 Rock* was forced to wait until spring to air new episodes.**

One of the most unique features of the show is that many of the characters who appear to be archetypal and easy to pigeonhole actually defy these stereotypes. Once you think you've figured a character out, you discover a new trait about him/her that defies your expectations. For example, Jack appears to be incredibly self-serving as he strives to become the president of GE/NBC/Universal/K-Mart, but he also is determined to be Liz's mentor and takes an interest in her personal life, giving her advice and setting her up on dates (granted, one was a woman and Liz is straight). The show relies on classic comedy, yet pushes the envelope and puts the characters in situations that would seem completely random and illogical. For example, in the episode entitled "Black Tie," Jack invites Liz to be his date to a black-tie birthday party for the prince of the Imperial House of Hapsburg, where they both end up singing "Happy Birthday" in German.

Guest appearances on the show have included Paul Reubens (formerly known as Pee-Wee Herman), Jerry Seinfeld, David Schwimmer, Nathan Lane, LL Cool J, Carrie Fisher, Rip Torn, Al Gore, Whoopi Goldberg, Conan O'Brian, Wayne Brady and a myriad of SNL alumni.

30 Rock has earned several prestigious awards in its short lifespan. In its first two seasons it won a Primetime Emmy Award for Outstanding Comedy Series, four Creative Arts Emmy Awards and a Writer's Guild Award for Best Comedy Series, among other awards. Alec Baldwin has received the Golden Globe Award for Best Performance by an Actor in a Television Series - Comedy or Musical and the Screen Actors Guild Award for Outstanding Performance by a Male Actor in a Comedy Series. Tina Fey won the Golden Globe Award for Best Performance by an Actress in a Television Series - Comedy or Musical in 2007.

30 Rock airs Thursday nights at 8:30 p.m. on NBC.

Deathcage Sweet Sixteen!

by Kevin O'Connor '09 and Jacob Murray '09
Bracket Specialists

With Round 3 well underway, Deathcage witnessed it's first number 1 seed fall to an upset. The field has now been narrowed to 16 and only the best remain! The Spectator received a record 218 votes this week, helping decide who is the ultimate Deathcage fighter! Here is how this week went down:

Jack Nicholson def. Davy Crockett

Davy Crockett may have grinned down a bear when he was only three but even his pearly whites were no match for Nicholson's creeptastic smile. Remember the Alamo, homes!

Sandy Cohen def. Leonidas

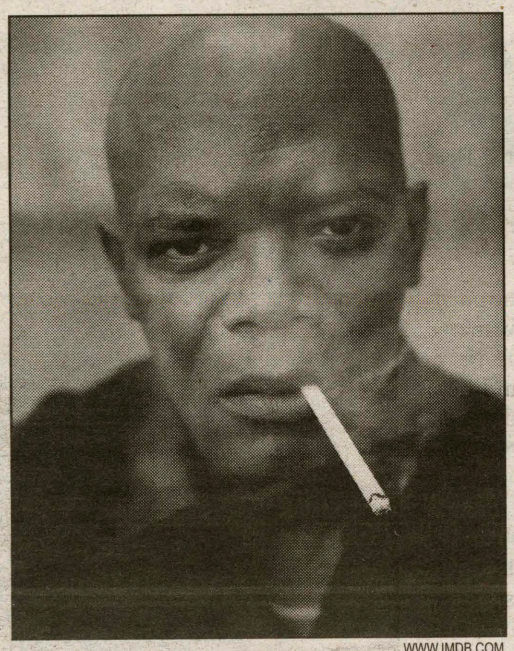
THIS IS... CLEARLY NOT SPARTA! Tonight Leonidas actually dines in hell, while Sandy just feels like it after tasting his wife Kirsten's notoriously bad cooking. Trivia: Sandy Cohen is the only J.D. to make it out of this round.

Hannibal Lecter def. Morgan Freeman

Mmmmm... Chocolate.

Samuel L. Jackson def. Charizard

Enough is enough! Samuel L. Jackson has had it with these motherf**king snakes on this motherf**king plane!



WWW.IMDB.COM

Samuel L. upsets #1 Charizard.

Russell Crowe def. Crocodile Dundee

The thing about Russell is you never know if you're going to get "A Good Year"/"A Beautiful Mind" Russell Crowe or "Cinderella Man"/"Gladiator" Russell Crowe. Unfortunately for Mr. Dundee's sake it was the latter. Guess Mr. Crowe has a bit of a temper. After while, Crocodile!

Moses def. Atticus Finch

Atticus Finch may have practiced law, but Moses laid it down in tonight's match.

Aragorn def. ManBearPig

Lord of the Rings is for nerds, but as the great Tom Petty said, even the losers get lucky sometimes.

Sean Connery def. Captain Hook

At first it looked like the Captain had hooked the old man, but alas 'twas not so. Mr. Connery used his famous "Entrapment" technique and sent that fool to Never-never-coming-back-again-land.

Genghis Khan def. Bill Clinton

It just has not been a good year for Team Clinton, has it?

Next week's Sweet Sixteen action will be featured in A&E as the field gets narrowed down to eight! Remember, your votes determine who wins each battle! Make sure you check your e-mail this Sunday afternoon as a whole new batch of mayhem is released!

Other Notables:
Wolverine def. Dionysus
Professor McGonagall def. G.I. Joe
Indiana Jones def. Boba Fett
Jason Bourne def. Roger Klotz
Bruce Willis def. Dr. House
Han Solo def. Loch Ness Monster
James Bond def. John Wayne

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THE FORBIDDEN KINGDOM
JET LI JACKIE CHAN STADIUM SEATING
●2:00-4:30-7:00▲9:30 DTS PG-13

FORGETTING SARAH MARSHALL
JASON SEGEL STADIUM SEATING
●2:15-4:45-7:10-▲9:35 DTS R

88 MINUTES
AL PACINO
●12:30●2:50-5:10-7:30▲9:50 R

PROM NIGHT
#1 MOVIE!
●1:05●3:10-5:15-7:20▲9:25 DTS PG-13

NIM'S ISLAND JODIE FOSTER
●12:20●2:30-4:40-6:50▲8:55 DTS PG

21 ●1:50-4:20-7:15▲9:45 PG-13

HORTON HEARS A WHO!
●12:15●2:20-4:25-6:30▲8:30 G

SPEED KINGS
●12:40●3:00-5:20-7:40-▲9:55 KEANU REEVES R

LEATHERHEADS GEORGE CLOONEY
●1:40-4:10-6:40▲9:05 PG-13

OPEN CAPTIONED FOR THE HEARING IMPAIRED
DEFINITELY, MAYBE RYAN REYNOLDS
SAT-SUN●12:00 PG-13

●MATINEES FRI-SAT-SUN ▲LATE SHOWS FRI-SAT
EVENING ADMISSION W/COLLEGE ID $6.00
ADMISSION $5.00 ALL SHOWS BEFORE 6:00

Oncoming beer shortage traced to global warming

by Elijah LaChance '10
Science & Technology Editor

Scientists have held global climate change as an established fact since the turn of the millennium, and yet, in a recent Gallup poll, over 50 percent of Americans say they are "unconcerned" about global warming. It seems the projections of rising oceans, thousands of extinct species, and crippling heat waves have yet to make an impact on people's daily lives. New facts, however, might make the U.S. sit up and take notice. That's right: global warming is going to affect beer.

The price of beer is expected to go up, and the supply to go down, over the next decade, due to a triple whammy of bad weather in Europe, an increase in the price of barley and a decrease in hops production in the U.S. All of these events are part of trends scientists say will become more and more common as global climate change progresses.

THEITHACAN.ORG

Beer prices are expected to skyrocket in the next decade.

Last year, hailstorms wiped out large portions of the barley crop in western Europe, and barley production in Australia and the United States was also well behind the production in 2006. Climate scientists have long forecasted that weather across Europe will get more and more unpredictable as global climate change continues to take hold, with winter-like storms making regular appearances during growing season and driving down barley production throughout Europe.

The effects of global climate change on beer production aren't confined to Europe. According to Jim Salinger, a climate scientist at New Zealand's National Institute of Water and Atmospheric Research, the warming globe will likely cause a worldwide decline in the production of malting barley, which stands to have a profound and negative impact on the world's beer supply starting now, and for decades to come.

The respected climate scientist spoke to guests at the recent Institute of Brewing and Distilling convention for Asia-Pacific.

"Australia [in particular] is going to get significantly warmer and dryer," Salinger told Drinks International. "All possible scenarios indicate a lot of decline in the production of malting barley," adding that the effect on brewers' costs and beer prices could be "dramatic."

Prices for barley and other key beer ingredients are already rising around the world. Growing demand for biofuels and a poor harvest increased malting barley prices by 66 percent in the UK last year, according to the British Beer and Pub Association. Meanwhile, decreased hops production in the U.S. has lead to a price increase of 20 percent for the most widely grown varieties of hops, and up to 80 percent for specialty hops. The shortage is particularly hitting microbreweries, since they use more hops than major brewers.

WWW.NODAK.EDU

Malt barley production in Europe and Australia, as well as hops production in the U.S., dropped last year.

To make beer, a brewer needs water, malted barley, yeast and hops – the dried female flowers, also known as cones, from hop vines. When you crush a hop cone, you get a yellow pollenlike powder on your fingers called lupulin. That's the zing brewers get from hops. The increase in hops prices could cause some breweries to change their recipes to use less hops, which would affect the taste of the beer. In fact some breweries, such as Boston Beer Brewers out of Portland, Oregon, have already announced changes for new recipes that do not include hops.

Without hops for bittering, there would be no way for brewers to temper the roasted sweetness of the malt. Hops also provide aroma – that burst of floral, spiciness found in the head of an American-style India pale ale. Hundreds of years ago, British brewers sending ships off to India also appreciated the natural preserving qualities of hops. Without hops in beer, more artificial preservatives would have to be used.

Last year, Americans consumed over ten billion gallons of beer at an average of $4.88 a pint. This year, the average price is expected to rise to $6.04, and within five years the average price could climb to over ten dollars a pint. Although larger beer producers, such as Coors and Anheuser-Busch, may be able to ride out the storm for a few years without substantially raising prices due to their long-term contracts with barley and hops farmers, they too will eventually have to increase their prices if the climate trends continue.

Scientists are confident global climate change will continue to impact the planet well into the future. Dr Rajendra Pachauri, the chairman of the Intergovernmental Panel on Climate Change, said last month that, "climate change will proceed for at least a century even if we were to stop producing fossil fuels tomorrow."

What does this mean for the future of beer? "It will mean either there will be pubs without beer or the cost of beer will go up," said Salinger. "It's already happening and will get worse."

Gorillas afflicted with heart diseases in captivity

by Alyssa White '11
Science & Technology Writer

It's always been difficult not to anthropomorphize gorillas. They have our agile hands, our pensive eyes, our communicative skills — and our susceptibility to heart disease. Just like humans, gorillas — especially middle-aged males — have an extraordinary rate of heart failure.

Here's the interesting part: It's in captivity that this affliction becomes a significant cause of gorilla death. Wild gorillas have shorter life expectancies than captive ones, so they aren't as likely to fall prey to heart disease. Poaching, habitat loss, and Ebola are far greater concerns in the jungle; it's issues like these that have led to the gorilla's severe endangerment.

In zoos, however, heart disease becomes a major threat to gorillas, often in fairly young animals that seem completely healthy. In 1994, two veteran researchers discovered that in one 74-case sample of captive gorilla deaths, 41 percent were caused by heart disease. That percentage increased to 70 when applied to male gorillas over the age of 30.

Lowland gorillas — the only species that are kept in captivity — are set to disappear from the wild entirely if their current death rate continues. This being the case, it is imperative that biologists determine how to keep captive gorillas healthy, particularly from heart disease. For the past several years, studies to determine the causes of such alarming heart failure rates among captive lowland gorillas have been in progress.

Hypotheses abound on this count; as with any medical condition, combinations of causes probably contribute to the gorillas' plight. Longer life spans, which enable age-related disorders to take effect, could be a partial culprit, as could genetics. Less exercise in zoos than in the wild might also make a difference.

Diet is likely to be the most significant factor. A wild gorilla's diet includes various plants, including ginger, which experts believe might act as "preventive medicine" for gorillas. Native African plants tend not to be part of a captive gorilla's diet.

Whatever the reason, the unsuspected risks to animals in captivity are significant. Zoos and other wildlife sanctuaries are important factors when it comes to saving gorillas and other endangered species from extinction. If scientists are unable to protect such animals in captivity, there may be no place left for them to be protected on the earth.

WWW.MKGRAY.COM

Gorillas in captivity seem to be having heart failure significantly ealier than is normal for wild gorillas.

A new method for space hibernation

by Nick Berry '09
Science & Technology Writer

The next time you smell the signature stench of rotten eggs or flatulence, you may be taking a whiff of scientific history. Hydrogen sulfide (H2S), the gas that gives rise to the odors described above, has been shown to dramatically increase the lifespan of nematodes and induce a reversible state of near suspended animation in mice. Both of these discoveries could have a profound impact on medicine and space travel.

Mice put in a chamber filled with air and trace amounts of H2S (around 80 parts per million) entered a state of suspended animation, the reversible cessation of all visible life processes in an organism. Within minutes of breathing in the air-H2S mixture, the mice stopped moving and appeared to lose consciousness. Their breathing decreased from 120 to 10 breaths per minute, their metabolic activity was reduced by 90 percent, and their body temperature dropped from 98.6°F to 51.8°F. After six hours in the chamber, the mice were revived with fresh air. The mice all quickly returned to normal and did not suffer any ill effects.

Because suspended animation causes body cell activity to slow to a near standstill, dramatically cutting the need for oxygen, it could be used to buy time for critically ill patients who would otherwise face injury and/or death from insufficient blood and oxygen supply to organs and tissues. Terminally ill patients or those awaiting an organ transplant could also be put into a state of suspended animation. Alternatively, suspended animation could allow for donated organs to be preserved longer. The military is also interested in suspended animation because injured troops on the battlefield could be put into short term hibernation until help arrived.

Suspended animation may also revolutionize cancer treatment. Cancer cells are not dependent on oxygen for growth, so they are more resistant to radiation. This means that current cancer treatments can kill healthy cells long before they begin killing cancer cells. Because it minimizes the oxygen needs of normal cells, suspended animation could level the playing field and allow patients to tolerate increased radiation doses without the danger of damaging healthy tissue.

Perhaps the most out-of-this-world application for H2S is using it to put astronauts into hibernation-like states during long journeys to planets like Jupiter or Saturn. If astronauts were put into suspended animation, then the amount of consumables (food and water) they would have to bring with them would be drastically reduced. Furthermore, they would not have to deal with the problem of having to bring entertainment with them for the long trip. Because missions are limited by the mass of the spacecraft, having to bring less supplies and equipment is certainly a plus for carrying out any long-term space mission.

In addition to inducing suspended animation in mice, H2S has also been shown to increase the life span and heat tolerance of nematodes, organisms frequently used in biology experiments due to

*see **Hydrogen**, page 13*

GEEK OF THE WEEK

Kurtis Magee '08

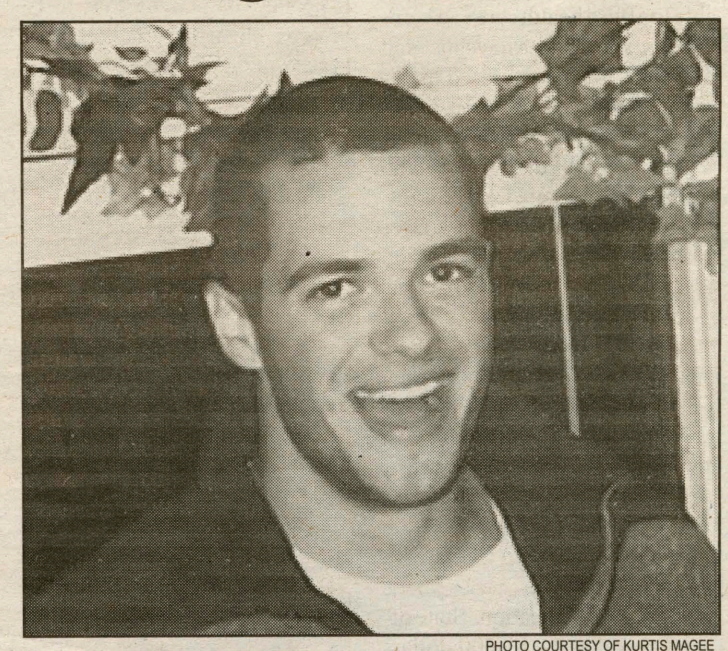


PHOTO COURTESY OF KURTIS MAGEE

Elijah LaChance: Where is home for you? Growing up, were there any experiences you remember that first made you interested in science?

Kurtis Magee: I grew up in Corvallis, Oregon (Ore-gen, not Ore-gone).

During my freshman year of high school, my physics teacher had me calculate the velocity and trajectory of a punt during a football game merely from the ball's hang time and yardage. To me, things like that have always been pretty interesting.

EL: What was the most embarrassing/crazy thing you did as a child you wouldn't mind sharing?

KM: Using only a hoe and a large glass of water, I once single-handedly defended a small village in the Amazon Basin from a horde of ferocious army ants.

EL: Why Hamilton?

KM: A good chance to get outside of my comfort zone and experience a new part of the country. However, at this point, I feel like I've lived half my life in an airport.

EL: What is your current major, and how did you come to that decision?

KM: Concentrating in chemistry. I've always been the type to keep my options open and I figured that I could do pretty much anything with a degree in chemistry. In other words, choosing chemistry was my way of giving myself more time to think about what I wanted to do with my life. Also, the department as a whole is outstanding and incredibly supportive. I actually didn't enjoy chemistry until I came to Hamilton.

EL: What is the best experience you've had so far in a Hamilton science course or while conducting research here at Hamilton?

KM: I would say conducting research in general has been my best science-related experience at Hamilton. Chemistry summer research was the best job I've ever had and ultimately convinced me to pursue a doctorate. Likewise, Senior Thesis has been my favorite class all year long.

EL: What are some of your interests and activities at Hamilton besides science?

KM: Class & Charter Day, Forever Leather Infomercials, UC Light, and the Adirondacks.

EL: What is the best non-science related experience you've had at Hamilton?

KM: In terms of academics, I'd have to say any comparative literature course with Peter Rabinowitz. The reading can be operose but the class discussions were great and people said some pretty hilarious stuff.

In terms of leisure, it's hard to say; I probably need to get out of the nerdery more often.

EL: What is your favorite band? Favorite book? Favorite meal?

KM: Band: Basically anything that isn't screamo. Book: *The Pimp's Bible: The Sweet Science of Sin.* Meal: fried chicken, watermelon, and beer.

EL: Where, besides the Science Center, can people expect to see you on campus?

KM: A spin class, or farmer's market, or a pumpkin patch, depending on the time of year.

EL: If you could be one animal, what would it be and why?

KM: A griffin: half lion, half eagle. King of both beasts and birds.

EL: What do you plan on doing when you graduate from Hamilton?

KM: Working part time at a winery back in Oregon and then going to graduate school (either Brown University or Boston College).

Did You Know That? *Wacky Facts:* A Few Fishy Factoids

by Kate Tummarello '11
Science & Technology Editor

- ***The world's biggest clam weighs almost 500 pounds.***
- ***Starfish have eight eyes; one at the end of each leg.***
- ***Sharks have no air bladders, so they must swim constantly or they'll sink.***
- ***A jellyfish is 95 percent water.***
- ***A lobster can lay up to 150,000 eggs at one time.***
- ***More than 20 million seahorses are harvested each year for folk medicinal purposes.***
- ***The seahorse population dropped 70 percent in the past ten years.***
- ***The eyes of a giant squid can be up to 15 inches across - the biggest eyes of any animal in the world.***
- ***The world's smallest fish is the Philippine goby. It's less than 1/3 of an inch when fully grown.***
- ***More types of fish swim in Brazil's Amazon River than in the entire Atlantic Ocean.***
- ***The catfish has over 27,000 taste buds, the most of any animal in the world.***
- ***Starfish have no brains.***
- ***Tuna swim an average of nine mph constantly. They never stop moving.***
- ***The starfish is one of the only animals who can turn it's stomach inside-out.***
- ***The spotted climbing perch is able to absorb oxygen from the air and will crawl overland using its pectoral fins.***
- ***A shrimp's heart is located in its head.***
- ***Nine out of every ten living things live in the ocean.***
- ***Fish have a specialized sense organ called the lateral line which works much like radar and helps them navigate in dark or murky water.***
- ***Fish have been on the earth for more than 450 million years.***
- ***Most lipstick contains fish scales.***

Donated drugs saving lives

by Kate Tumarello '11
Science & Technology Editor

With the cost of medication increasing, many people are unable to afford health care. To combat this, some states have instated programs that give unused medication to people who need it, rather than letting it be destroyed.

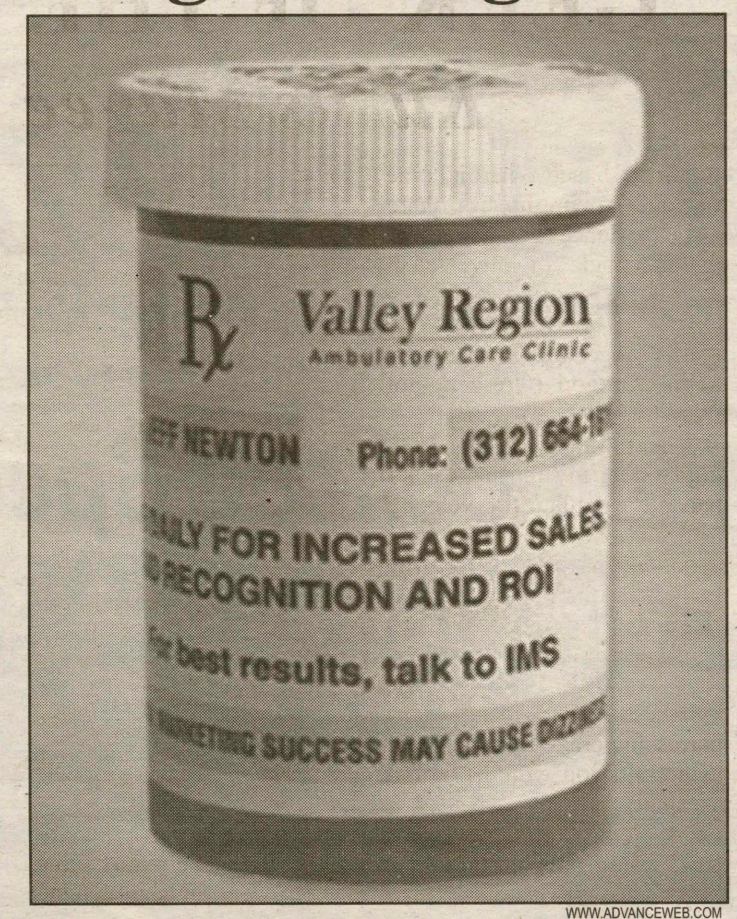
According to the National Conference of State Legislatures, at least thirty three states have programs that give medication that would go to waste to patients who would not be able to get it otherwise. Although the details of the programs may vary, they all essentially make use of medications including antidepressants, antibiotics, blood thinners, and antipsychotics.

Last year, a pilot program in Cheyenne, Wyoming was able to fill over five hundred prescriptions with unused medication. State officials say that the 81,000 dollars worth of donated drugs is only a small amount of the drugs that could be used rather than wasted each year.

Another program in Baton Rouge, Louisiana was able to fill over 38,000 prescriptions, mostly with donated medication, providing more than two million dollars worth of medication to patients.

Programs like these have a much bigger impact than just reducing the cost of medication. Often, people will go without medication because they cannot afford it. By not taking their medication, these people are increasing their chances of severe health problems in the future.

A study conducted in 2006 found that slightly more than half of people who did not have medical insurance and suffered from a chronic health problem missed doses of their medication because it was too expensive. About one third of these people had to go to the emergency room, a result that could have been prevented had these people been able to receive the medication they needed.



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Recycling prescription medications significantly drives down the cost of these drugs and increases accessability.

Despite the obvious benefits of these programs, some are having trouble fulfilling their goals. A program in Florida to provide uninsured patients with cancer drugs has been less than successful. Only one percent of the hospitals that could participate in this program do, resulting in only seven total drug donations.

Although some blame a lack of publicity for the failures of these programs, it is possible that most people are skeptical about the potential to treat patients who lack the resources to get medication. Susie Scott, executive director of the Wyoming Health Care Commission compared this type of health care reform program to "throwing a ten foot rope down a forty foot hole," insinuating that the problem may be too large to fix simply with donated medication.

Nonetheless, any effort does more to solve the problem of patients without medication than no effort at all. It is through programs like the ones in Wyoming and Louisiana that people are able to get the medical treatment they need, even if they cannot afford it. With more publicity and support, it is possible that programs like these can make significant progress.

Hydrogen sulfide: more than just that unpleasant smell

from A new, page 12

their similarities with humans. Researchers found that nematodes raised in 50ppm H2S air did not hibernate like mice. Instead, their metabolism activity remained the same while their life span and heat tolerance increased. H2S treated nematodes lived 9.6 days (70 percent) longer than their untreated brethren. While this may not seem like much, remember that the normal life span of a nematode is only 14 to 21 days. Moreover, treated nematodes lived eight times longer when moved from 70°F to 95°F than normal nematodes. Based on these findings, scientists believe that H2S could possibly be used to delay the onset of age-related diseases in humans, such as cancer, heart disease, and Alzheimer's.

Although H2S is deadly in high concentrations, it is normally produced by humans and other animals to regulate body temperature and metabolic activity. Because it is similar to oxygen at the molecular level and binds to many of the same proteins, scientists believe that H2S competes and interferes with the body's ability to use oxygen for energy production, a process known as oxidative phosphorylation. The inhibition of this important function causes the mice to shut down metabolically and enter a hibernation-like state pending exposure to normal air.

Researchers think that hibernation is a latent ability shared by all mammals – potentially even humans – and that H2S allows us to harness it and turn it on and off at will. Indeed, mice do not normally hibernate (although they can reach a similar state called clinical torpor if starved) but can nonetheless be made to do so when exposed to the gas. The next step in studying the effects of H2S is to use it on larger animals; human trials may begin in as little as five years.

In terms of its lifespan-enhancing properties, scientists believe H2S acts by regulating the SIR-2.1 gene, which has been shown to increase the life span of many organisms, including nematodes. Past studies have shown that over expression of this gene caused an 18 to 20 percent increase in lifespan.

SCI & TECH EVENTS CALENDAR

MONDAY, APR. 21:
Dr. Jeffrey Corbin, Dept. of Biological Sciences, Union College
"A Mechanistic Approach to Habitat Restoration: Pathways to Success in California Grasslands"
4:00 p.m. SCCT 3024
Refreshments will be served

MONDAY, APR. 21:
Helen Epstein, Public Health Consultant and Writer
"The Invisible Cure, the West and the fight against AIDS"
7:30 p.m. SCCT G027
Refreshments will be served

THURSDAY, APR. 24:
Deanne Katz '08
"Children Left Behind: An Exploration of Special Education Services for Students with Autism in Massachusetts Public Schools"
An Emerson Grant Fulfillment
4:10 p.m. SCCT 3024

SUNDAY, APR. 27:
Tenth Annual AIDS Hike For Life 5K Fundraising Walk and 5K Fundraising Run
www. AIDSwalkCNY.com
11:30 a.m. Beinecke Student Activities Village
Information available in Beinecke

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~HUGH WALPOLE

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NESCAC berths on the line for the tennis teams

by Brandon Leibsohn '10
Sports Editor

The Men and Women's Tennis Teams entered their season with a spring to their step. Both had preformed well during the fall and looked to turn their gained confidence into more victories during the spring. With the addition of new Head Coach Mark Dolan, the teams have earned some much deserved respect from their competition. Each team had to incorporate a few new players into the rotation before heading off to play in Florida over the break.

Last Tuesday, the men competed in a road match at Union College. Despite coming off of a three-game losing streak, the Continentals were not deterred and finished with a 7-2 victory, giving them three on the season. Jared Friedberg '09, Greg Kreitzer '11, and Jared Solomon '08 led the way by dismantling Union's best hopes at victory.

Solomon and Kreitzer also teamed up for a 9-7 win in doubles play. This doubles win was the first for the pair this year after previously coming up short in four other matches. Overall, the team played very well and it looks as if they are going to be in a position to make a move heading into their final three games of the season with hopes of advancing far in the NESCAC tournament.

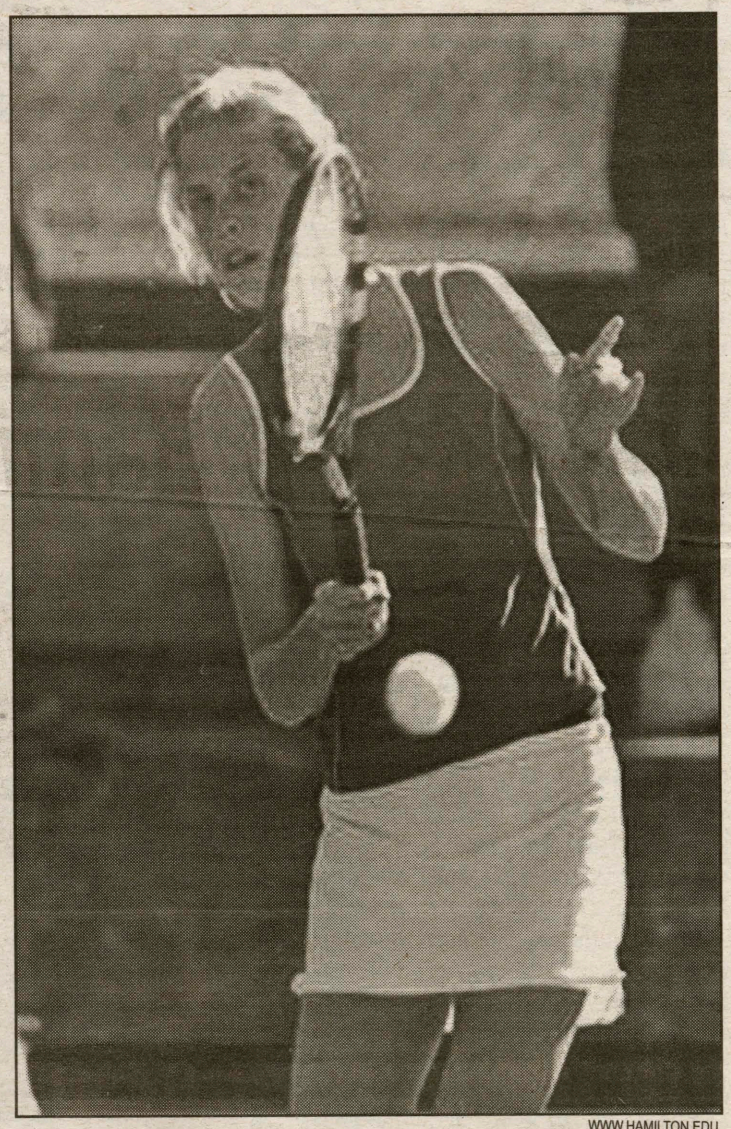
On the women's side, the team has won twice and is entering the final stretch of their NESCAC season. Their wins came against nonconference opponents Grinnell College and Millsaps College. In impressive fashion, the Continentals took down a Grinnell squad that had only lost three total matches all year long.

The singles players all came out with a great amount of energy to give them an easy one set lead. Of the five singles wins, four of them were completed in straight sets. However, the most interesting game came from Marni Powers '08 who had to make a magnificent comeback to force a tiebreaker that was not decided until 20 points had been scored. Hamilton was able to use this win to generate the 6-3 overall win.

The team's second win against Millsaps was just as notable, as they lost only one of the nine games (8-1). Deborah Barany '11, Laura Brantley '10, and Ashley Pardoe '09 all played extremely well. Barany took down Millsaps' second best singles player with a 6-3, 6-1 thrashing. Brantley only allowed her opponent to gain two points during the match and Pardoe swept her competitor by not allowing a single point. Brantley and Pardoe teamed up later in the afternoon for a doubles match and came away with their second consecutive doubles win.

With most of the spring season being finished, both the men and women will face a tough road to getting into the NESCAC Championships. Colby, Bowdoin, and St. Lawrence make up the next three challengers for both teams, offering a chance to move up in the rankings and secure a spot in the tournament.

Currently, Hamilton sits near the bottom of the conference standings, but three more wins could do wonders if they also are able to get a little bit of help from other schools in the NESCAC. Bowdoin and Colby are both playing well so these matchups should be exciting. Therefore, this weekend will represent the key to the season and can eliminate any digressions that have occurred since the fall season. So wish the tennis players good luck as they hope to extend their season and turn in some much needed victories.



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Laura Brantley '10 has won five matches this spring.

Do you watch Sportscenter four times a day?

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Immelman masters Augusta

by Andrew Harris '11
Sports Writer

For golf fans, Sunday afternoon at Augusta hosts the most exciting final round of professional golf each year. With all the history and tradition that the Masters has—from Amen Corner and Magnolia Lane to the fabled green jacket for the champion—golf enthusiasts expect magic to happen. For this writer, however, this year's Masters was missing something.

Maybe I missed out because I watched on a grainy campus television with the sound turned off, or perhaps because Clinton, NY seems about as far away from Augusta as you can get, but the Masters lacked its usual intrigue. The players all seemed a bit lifeless, even Tiger Woods, who's known for his energetic displays of emotion. The strong wind on Sunday certainly contributed to the high scores, but other factors played a part.

In 2006, in preparation for the 2007 tournament, Augusta National lengthened the course to make it more difficult and drive scores up. This certainly had its intended effect, as winner Zach Johnson had the first final score over par in 50 years. This year, the scores were back to normal, but the difficult course and conditions contributed to a lackluster finish. To illustrate, only two players in the entire field recorded rounds under 70 on Sunday. Is this problem endemic to the Masters as a tournament? Or was it simply a problem with this year's iteration?

The main focus of the Masters, and indeed any tournament, is always superstar golfer Tiger Woods. At the beginning of the calendar year, Woods had hinted that this year might be the year that he captures the 'Grand Slam' and wins all four majors, although his play last week failed to back that prediction up. He finished three shots back of champion Trevor Immelman, and never threatened for the lead. He seemed visibly frustrated after missing important putts, and could never get into a groove and rattle off a few birdies in a row.

Despite the loss, Woods has not been detered as he announced that he had knee surgery to alleviate some of the pain he was experiencing while walking on the hills at Augusta. He did not attribute his loss to his knee, but we can speculate that he would have won had he not been injured.

Tiger's quest for a grand slam would have done wonders for the sport of golf. Already a fringe sport (some deny it's a sport at all), golf has relied on Tiger for publicity and promotion, and Tiger has done more than his fair share. And while true golf fans know the names of Zach Johnson and Trevor Immelman even before they win the Masters, the casual observer only is interested in the sport if Tiger does well.

These questions and complaints, however, should not take away from the accomplishment of Immelman, the South African who emerged from the field to capture the green jacket. Immelman, although not very well known in the States, is no amateur, as he's won several times around the world, and was named the PGA Tour's Rookie of the Year for 2006. He was without a doubt the most consistent player all week, firing three straight rounds under par before a final round 75, when there was no real competition, especially towards the end of his round.

In the end, what is best for the sport of golf? Is it better for Tiger to dominate each and every tournament, or for virtual unknowns to steal the spotlight?

In reality, the PGA and the television networks seem less interested in the ultimate winner of each tournament. Having Tiger Woods in contention is certainly a plus, but having contested and dramatic finishes is far more important. This year's Masters sorely lacked that competitive fire on Sunday afternoon, but luckily for Augusta National, it seems the problem is not suggestive of a larger trend, but rather should be corrected by next year, when Tiger again tries for green number five.

A Hamilton College Student Publication, Clinton, NY Volume XLVIII Number 23

SPECTATOR SPORTS

April 18, 2008

Track teams succeed at Liberty League meet

by Brooke Rayder'11
Sports Writer

Both the Men and Women's Outdoor Track Teams competed in the Liberty League Championship this past Saturday at RPI in Troy, NY. Although their were many tough competitors out on the track, the Lady Continentals were able to finish in third place, while the men finished in fourth.

Warm and sunny conditions as opposed to rain allowed for great performances to occur in the field events. On the women's side, Akilah Bond '09 finished first in the triple jump at 11.48 meters and second in the long jump at 4.92 meters.

The Lady Continentals also took the top three pole-vaulting slots, with Jessica DeMichael '08 finishing first, Amanda Salisburg '08 coming in second, and Rebecca Yaguda '09 in third. Additionally, Kary Pardy '08 finished second in the hammer throw with a distance of 45.54 meters, and Chelsea Halvorson finished third in the javelin with a flight of 29.02 meters.

For the men's field events, Bill Kearney '08 placed second in the shot put with a 14.67-meter throw, and fourth in the discus with a toss of 38.45 meters. Travis Tomaselli '11 took third place in both the triple and long jump, with Claudius Zorokong '08 capturing second in the long jump. Kevin Graepel '11 cleared a height of 3.75 meters for sixth place in the men's pole vault.

In women's running, Hamilton sprinters dominated the field, with Reisa Asimovic '11 finishing third in the 200-meter dash, and fourth in the 100-meter dash. Alexandra Americanos '10 clinched the top position in the 100-meter dash after only 12.63 seconds. Katie Mann '10 and Hannah Bosland '10 finished in the fifth and sixth spots in the 400-meter dash.

On the distance side, Kate Hails '10 leaped her way to third place in the 3000-meter steeplechase, with Chelsea Stone '10 running away with sixth place in the 5k. Meredith Fitzpatrick '11 finished first in the 1500-meter field with a time of 5:02.22 seconds, with Maddy Gunter '11 finished sixth.

Peter Kosgei '10 dominated men's distance running at the championships. He crossed the finish line in the 1500 meter run with a school-record breaking time of 3:50.78. He finished first in both the 1500 and the 800-meter run.

Allan Guiney '08 also competed in the 1500-meter run, coming in fifth. Devon Lynch '11 clinched fifth in the 3000-meter steeplechase, with fellow freshman Scott Bickard '11, coming in sixth in the 5k.

The men and women's teams both compete in the Hamilton invitational this weekend at the Pritchard Track, beginning at 11 a.m. This is the last meet before Hamilton Track and Field hosts the NESCAC Championships on April 26, 2008.

Akilah Bond '09 jumps her way to the top of the leaderboard.

Lacrosse team remains perfect

by Lindsay Getman '10
Sports Editor

The Hamilton Women's Lacrosse Team stayed hot on the road, trouncing back-to-back Liberty League competitors and bringing their winning streak to eight games. The nationally ranked number five Lady Continentals currently have a perfect Liberty League record of 4-0. The team hosts William Smith College at 4 p.m. today.

Hamilton's first Liberty League game was against St. Lawrence on April 4. Despite scoring in the very first minute of play, the Saints were no match for the Lady Continentals, who controlled seven of ten draws in the second half and ripped 37 total shots to the Saints' 12. St. Lawrence committed almost twice as many turnovers.

The team's effort paid off with an 18-5 win. Kaillie Briscoe '09 had four goals and one assist, while teammate Nicole Tetreault '08 had three goals and one assist. Jen McGowan '08 matched Tetreault in the goals column. Audrey Nebergall '10, Liz Rave '10 and Kate Marek '08 had two goals each. In goal, Kate Fowler '10 had four saves. Two days earlier, Fowler was named the Eastern College Athletic Conference Upstate Region Goalkeeper of the Week.

The team took on Clarkson the next day. The Lady Continentals held the Golden Knights scoreless for the entire first half while picking up 14 ground balls to Clarkson's eight.

Tetreault had a stand out game, putting six in the net. Marek wasn't far behind with four goals, and Briscoe added two to the tally. McGown, Rave, Bray, Laura Stern '11, Nebergall and Saverin each had one goal. Eight of the nine Hamilton players that scored also had at least one assist. Caitlin McGilley '08 spent the game in goal and recorded five saves.

Tetreault was honored by both the Liberty League and the ECAC the week of April 7. She was named Liberty League co-Offensive Performer of the Week and then the ECAC Upstate Region co-Player of the Week.

Last Wednesday, the Continentals hosted St. John Fisher. Briscoe had four goals in the 19-10 rout and scored her two-hundredth-career point. She received help from Tetreault who had four goals, McGowan and Rave with three each, Marek and Bray with two each and Nebergall with one. The team did well controlling draws and out-shot the Cardinals 41-16.

Last Friday's game against Skidmore was under partly cloudy skies, but many fans and parents turned out to see the Continentals fight for their third straight Liberty League victory. Hamilton did not do as well controlling draws, but Skidmore had three times as many turnovers in the first half. Fowler had three saves and the team pulled off another stunning win, 18-6.

The Senior Day game on April 12 proved far more challenging than any contest in recent history. Nationally ranked Union was undefeated coming in, and kept it close for most of the game. Every Hamilton player on the field worked hard to make scoring opportunities, despite some very physical play from the burly Dutchwomen. In a past interview with the Schenectady Daily Gazette, Union Head Coach Jessica Critchlow referred to one of her players as a "shark." The comment seemed especially true in this game — both are attracted to blood. One particularly hard check to the face of a Hamilton player resulted in a stoppage of play. Despite loud protests from the crowd, three Hamilton and only one Union player received yellow cards in the game.

Yet the Lady Continentals remained undaunted by the roughness, playing just as well as they ever had. Tetreault, Briscoe, Saverin and Marek all had two goals, and Bray and McGowan each had one. Fowler had five saves and played a smart game in goal.

With 18:04 left in the game, the Dutchwomen went on a three-goal run to tie things up at 6-6. The Lady Continentals answered back, outscoring the Dutchwomen 4-1 for the rest of the half. Bray hustled tirelessly all game, and notched the game-winning goal.

This Weekend in Hamilton Athletics:

Friday 4/18:

Baseball @ Williams
Lacrosse (W) v. William Smith

Saturday 4/19:

Outdoor Track and Field (M)
Hamilton Invitational
Outdoor Track and Field (W)
Hamilton Invitational
Baseball @ Williams
Golf @ Delhi Invitational
Tennis (M) @ Colby
Tennis (W) @ Colby
Crew (W) @ St. Lawrence
Crew (M) @ St. Lawrence

Go Blue!